

The Sound

May/June/July 2017



BROKEN
SOUND
CLUB



When you're counting the best hospitals in Florida, you can count on us.

There are nearly 300 hospitals in Florida. And when *U.S. News & World Report* issued its latest listing for Best Regional Hospitals, our numbers were quite impressive. **In fact, Boca Raton Regional Hospital was ranked 18th in the entire state, earning us a Best Regional Hospital designation.** Only 505 of the nation's 5,000 hospitals received such a prestigious accolade.

We're also the highest ranked hospital in Palm Beach County.

This is just another in a growing list of national honors for Boca Regional. And another way of knowing that if you're in need of advanced, high-quality healthcare, you can count on us.



BOCA RATON
REGIONAL HOSPITAL

ADVANCING THE BOUNDARIES OF MEDICINE

For more information,
visit us at BRRH.com.

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Letter from the General Manager

Dear Members;

I have been so busy this past season that this is the first opportunity to summarize some of our departments' activities for the year. Members have enjoyed another wonderful season (and we don't stop during the summer!) with ever-increasing attendance at each event. The following is a summary of some of this past year's highlights:

GOLF

We are witnessing increased usage by a more active golfing population at our Club. Rounds are up! We have had more member events with greater participation. New golf carts with GPS were purchased and delivered in January, and the re-grassing and renovation of the Club Course began in April. With that re-grassing, will come the installation of "Latitude 36," the latest version of Bermuda grass.

This year's Allianz Seniors Golf Tournament was attended in record numbers, and the Club's operations benefited again with a substantial contribution. Over the years, because of the Club's association with this tournament, the monies added to the Club's operations exceeded \$2,000,000. Moreover, during many televised interviews, the Senior Pros who participated in this year's tournament were unanimous in their praise of the conditions and quality of the Old Course golf course.

The Club Superintendent of Golf, Shannon Easter, recently was awarded the 2017 Environmental Leaders in Golf Award (ELGA). This award is presented by the Golf Course Superintendents Association of America (GCSAA) and *Golf Digest*, in partnership with Syngenta and Raid Bird's Golf Division. The Club is ranked as the 2016 ELGA Best Overall and National Private Course in the United States. Broken Sound was the only award winner this year at the national or international level in Florida or the Southeastern U.S.

TENNIS

The Club's tennis programs continue to thrive. We are one of the most active clubs in South Florida, with record numbers in all Round Robins, Ladies' Member-Guests, and Club Championships. Recognition goes to the Ladies' League Champions Claymates – 2016 and Men's Grand Slam Championship – 2016. In addition to the myriad of tennis events, with a vibrant young persons' tennis program and the beginnings of a growing interest in a pickleball venue, the future of Racquet Sports at Broken Sound has never looked better. This year, the Club also entered into a partnership with Lacoste, which will give the Club international recognition when they do photo shoots here.

MEMBERSHIP

As of this writing, over 45 Master Members have upgraded their membership to Old Course. The Old Course is at capacity, with a waiting list. Additionally, seven General Members have upgraded to a Master Membership. The

combined impact of these upgrades on our membership mix should result in lowering each member's dues. The number of members seeking to downgrade has dramatically decreased, as well.

SPA AND FITNESS

An increase of 20 percent in Salon Services over the prior year is attributed to the growing popularity of the hair salon. In Fitness, members are becoming even more active, and we have seen increased usage of the fitness and aerobic facilities. The Spa and Fitness have enjoyed increased growth every year.

ECOLOGY

In addition to the aforementioned award, our Golf Maintenance staff garnered the prestigious Mirmichi award. The bee hive population has increased to 22, and we now have 15 bat houses located throughout both golf courses.

YOUTH ACTIVITIES

This year, the number of events for children (Tennis Rounds, Golf Rounds, Dinners, etc.) has grown. Summer camp reached a turnout of 50 children daily, and the afterschool Tennis programs attracted 40 children daily. New programs implemented included a golf summer camp plus a basketball summer camp. The children's painting classes are very popular, as are the Sunday Family Night Dinners.

This is merely a short summary of a few areas, but it illustrates increased usage of and participation in activities at our Club. The attendance at many of our social events – including our annual Dog Show, Art Show, Cabarets, Lectures, Day Trips, Clubs, Charities and Concerts – has increased each year and reflect the varied types of activities that the Club offers. There is something here for every member to enjoy!

Although we have reached the end of another wonderful season, the Club offers continued activities and events for the year-round population of Broken Sound members. For those of you who will be traveling north for the summer, we wish you safe travels and look forward to seeing you when you return.

Regards,

John Crean, CCE, CHA
General Manager/COO

LUKATM COSMETICS



**ALL NATURAL & ORGANIC
HIGH DEFINITION COSMETICS**
Enhancing your natural beauty
with natural ingredients

Echoes of the Past

1987 – 1988

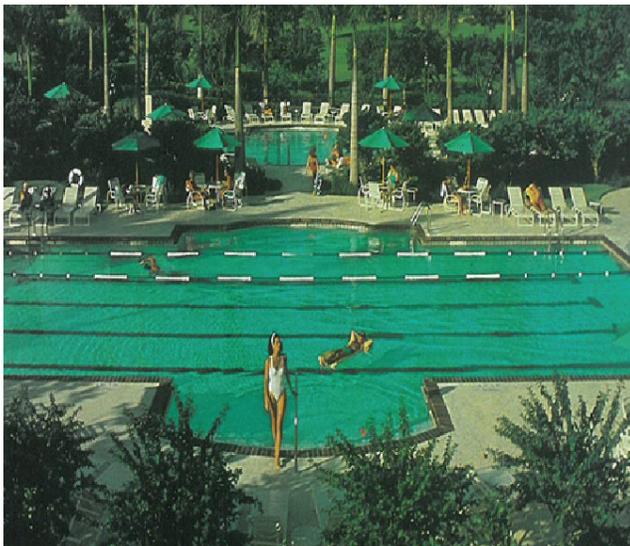
Broken Sound Clubhouse Seen Ready
By Thanksgiving

The beautiful main clubhouse, which will serve as the social and recreational focal point for Broken Sound Club members, is expected to be ready for the holidays this year.

This is good news for Broken Sound Club members who are anxiously waiting to see the distinguished Mediterranean architecture and make full use of the endless variety of amenities available.

“The multi-functional clubhouse is designed to appeal to all members of the family,” McKirahan said, “and we’ll offer activities geared to all age groups.”

The spectacular tennis pavilion at Broken Sound is already completed and in use. Although 11 Har-Tru courts, lighted for night play, are in use, another 14 courts are planned.

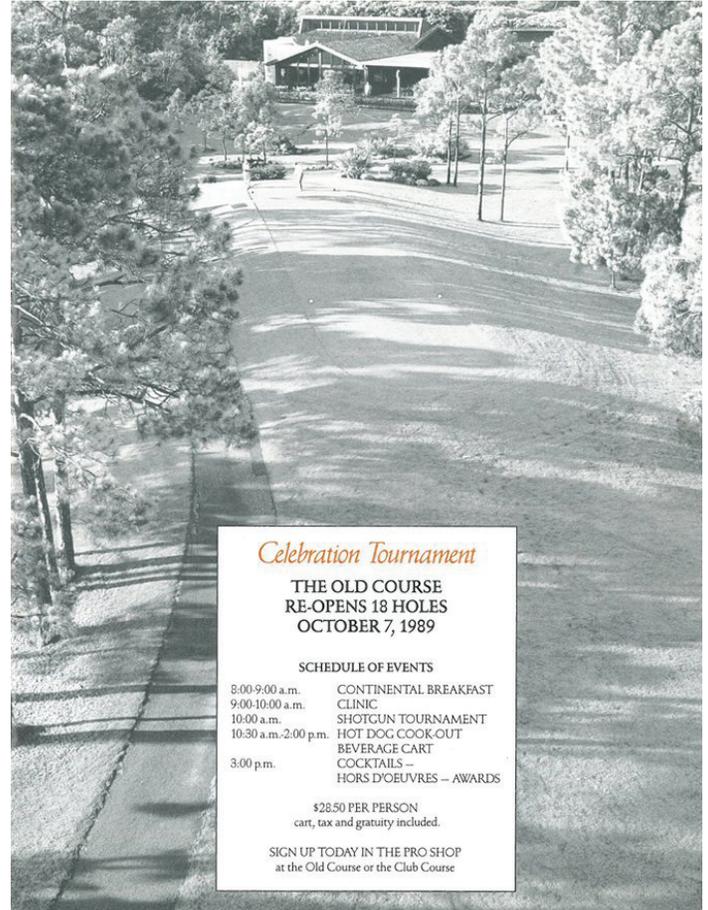
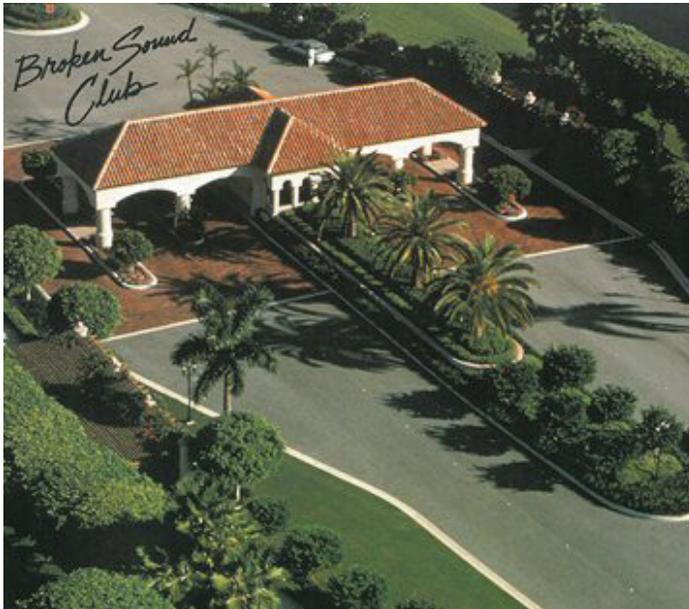


The spectacular Clubhouse debuts with a 1950's style bash.

*Something Grand
Is Being Planned*



*Broken Sound's
Gala Grand Opening
Scheduled Festivities
January 13th, 14th and 15th*



November 1987

Cedar Cay has 105 homes

December 1987

Willow Greens home models open for realtor viewing

1988

The Old Course celebrates its 10th anniversary

February 1988

Nassau Bay and The Cloisters home models
open for realtor viewing

April 1988

Tanglewood models open for realtor viewing

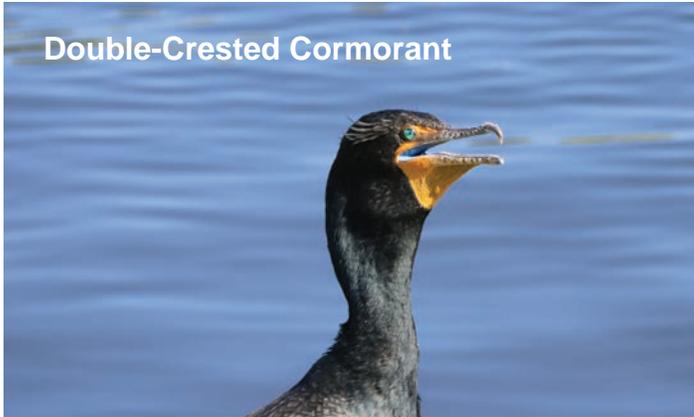
August 1988

Calusa Elementary School opens with 560 children



Valet Parkers

Wildlife at Broken Sound





Green Scene

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Broken Sound Club's BEE Positive NOW™

Community Awareness Initiative



September 2016 was a 'honey of a month' in Boca Raton, as Broken Sound Club's new BEE Positive NOW™ community awareness initiative put the spotlight on the plight of the bee population that threatens the ecosystem and food supply. As part of Broken Sound's environmental initiatives, the Club ventured out throughout Boca Raton and beyond to increase appreciation, protection and populating of these hard-working, life-sustaining pollinators.

From the 22 active hives and 15 bat houses, the Club's beekeepers tend to an average of one million bees to produce more than 1,000 ounces of pure, natural honey per year. "Once you realize that one in three mouthfuls of what we eat is dependent upon these pollinators, you know just how critical it is that we each do our part to respect and protect these life-sustaining eco heroes," noted John Crean, CCE, BSC General Manager and Chief Operating Officer of Broken Sound Club. "The environmental, health and community benefits are numerous, and thus there is a great advantage in golf club communities, city parks and recreation departments, as well as businesses, installing hives and cultivating sweet, pure golden crops."

During the month of September, National Honey Month, the Club hosted a variety of events inside and outside the Club to promote awareness, including:

A "Bee Yummy" Chef's Table dinner served up by Executive Chef Joe Longo for special media bloggers and environmentalists. Guests were treated to a five-course meal, each featuring honey in a different and exciting way. In addition, the Club hosted city, county and state officials, environment, business and community leaders to an official reveal reception for the initiative.

Beekeepers Al Salopek
and Sierra Malnove

There were 'Honey-themed' cooking classes and chef's tables for the membership, new signature honey-infused treatments at the Moonstone Spa & Fitness Center (including a Honey Facial and Honey Scrub), and a debut of the new Honeybee smoothie, featuring bananas, nutmeg, and BSC's own honey at the Moonstone Café.

Chef Longo also dazzled shoppers at the Boca Raton Bloomingdales when he served up 'A Taste of Honey' cooking demos and tastings of signature Club recipes for cocktails, smoothies, salad dressings, sauces, appetizers, entrees and desserts.

In an effort to also get BSC Junior Members involved, the Club partnered with the Boca Raton Children's museum for BEE happy & BEE smart day! The day featured a 'hive full' of beekeeping family fun celebrating the great pollinators and their liquid gold. BSC Beekeeper Sierra Malnove, and her partner Al Salopek, put on an interactive BEE understanding show, in which the children were invited up to the stage and taught the importance of each bee's role in the hive.

Broken Sound holds great pride in all of their sustainability efforts, and will continue to support and promote the population and protection of these pollinators.



Honey Bun Coffee Cake

Cake Batter

- 2 1/2 c. White Cake Mix
- 1 c. Sour Cream
- 4 Eggs
- 3/4 c. Oil

Cinnamon Mix

- 1 c. Brown Sugar
- 2 Tbsp. Cinnamon

Glaze

- 2 2/3 c. Powdered Sugar
- 4 Tbsp. & 1 1/3 tsp. Milk
- 2/3 tsp. Vanilla

Drizzle

- 1 Jar Broken Sound Honey

Heat oven to 325°F.

Using a paddle attachment, mix together all ingredients for the Cake Batter.

In a separate bowl, combine Cinnamon Mix ingredients.

Fill muffin pan with one tablespoon of Cake Batter per muffin.

Top Cake Batter with 1 teaspoon of Cinnamon Mix.

Top Cinnamon Mix with another tablespoon of Cake Batter.

Swirl ingredients using a skewer and a “loopy-loop” motion – swirling toward the top (do not over swirl; batter should still be white).

Top swirled batter with 1/2 teaspoon Cinnamon Mix.

Bake about 15 – 20 minutes, turning halfway through.

While baking, combine Glaze ingredients. Once cakes have cooled, dip the tops in Glaze. Gently drizzle Broken Sound Honey over the glazed cakes.

Enjoy! YUM!



Golfer in the Trees

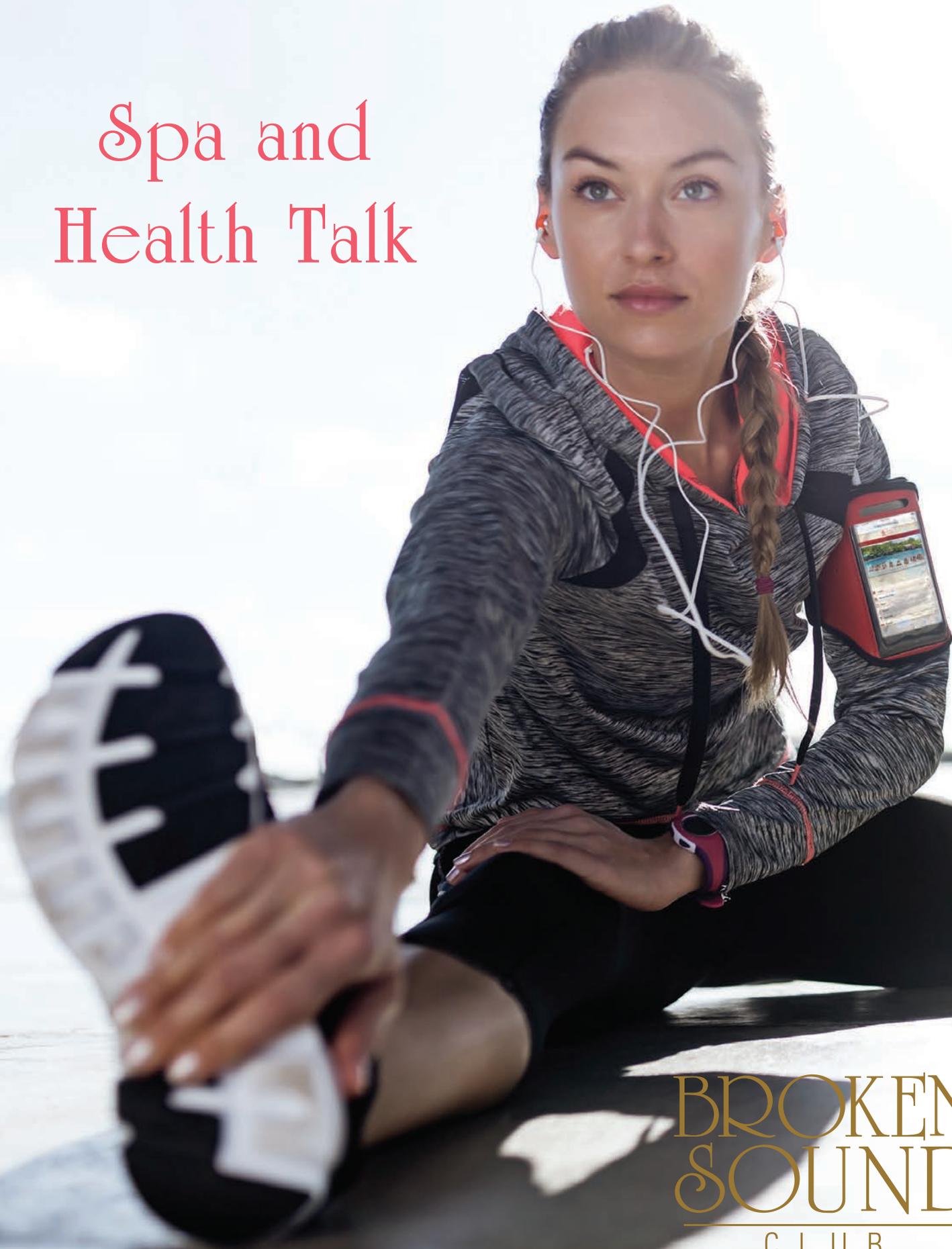
For those of you who have been on either of our golf courses, you probably noticed our new “golfer” in the trees. We have two golf sculptures from one of our members, Mr. Victor Imber and his wife, Wioletta, who are friends of the artist, Mr. Jerzy Kędziora. Brought to the attention of Mr. Crean by Mr. Imber’s neighbors, Philip & Paula Karp, Mr. Imber brought in the golfer sculptures to be placed in trees on both courses. The one at the club course is now permanent and the other at the Old Course will be returned to Mr. Imber unless a member wishes to purchase it.

The sculpture is one of a series of the artist’s balancing sculptures and many are personifications of athletes. Held by stainless steel wires, the sculptures challenge the notion of suspension above the ground. “The Golfer shows a golfer in full swing. Inspired by the skills of a professional golfer, this sculpture can be seen taking a winning swing and is delightfully ornated in detail where the artist has captured not just an individual golfer, but the spirit of the game.”

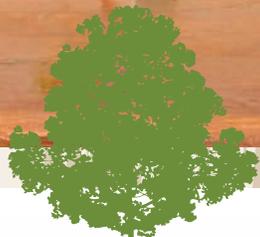
Kędziora’s balancing sculptures are part of numerous public art commissions and in the United States his work has been exhibited at the Museum of Contemporary Art Miami, the Palm Beach Convention Center and Balboa Park in San Diego. He studied and got his qualifications from the Academy of Fine Arts in Gdansk as well as a number of educational institutions both in Poland and abroad. These sculptures have been awarded a number of prizes in various exhibitions and competitions all over the world and can be found in museums, galleries and governmental institutions.



Spa and Health Talk



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Free Range Trees Supporting Life

Jindilli comes from a family-owned farm in the Northern Rivers region of Australia, which is the ancient and original home of macadamias. The native Australian rainforest tree is the macadamia Integrifolia species. It has grown in the Queensland region from earliest times. It is a perfect fit with the soils, flora, fauna and climate. Blessed with humid sub-tropical weather, the trees thrive.

There is astounding bio-nutrient richness in the red Australian soils. From these soils, the trees gain essential nourishment. Over the seasons, the trees flourish, strong and healthy. Micronutrients concentrate in the nuts. The nuts surrender these nutrients in their oil. We deliver them to you in all of Jindilli's oil, lotions and scrubs.

One major reason Jindilli skincare products are so effective is the concentration of macadamia oil. Jindilli's products have the highest percentage of pure macadamia oil on the market. Concentration is what delivers the results.

Jindilli Products are Available at Broken Sound's Moonstone Spa!





BROKEN SOUND'S



ANNUAL FITNESS TRAINER CHALLENGE

The Club's annual Fitness Challenge was held in January and consisted of male/female teams with females picking a partner out of a hat at the start of the challenge.

First Event – Metabolic pushups for one minute. This event takes extreme upper body and core strength and, at the end of this event, the eventual champions and runners up were in a dead heat.

Second Event – Squat, curl, press with dumbbells, with the winner determined by total weight lifted in one minute.

Third Event – The dynamax ball throw for distance – men with a 14 lb. ball and women with an 8 lb. ball.

Fourth Event – Anterior reach to cone tests the balance, agility and glute strength of the competitors.

Final Event – Metabolic leg crank consisting of 20 squats, 20 alternating lunges and 10 plyometric squat jumps. The difference between 1st and 4th place was slim.

CHAMPIONS – Ginger Keith and Patrick Corona

Runner Up – Kari Lamb and Pheniel Belfont

Third Place – Muge Portakaglu and Rafael Bykhs

Fourth Place – Sarah Russell and Jeramiah Jordan

**CONGRATULATIONS TO ALL THE PARTICIPANTS
FOR A GREAT EVENT!**





TYPES AND BENEFITS OF YOGA

Contrary to what some believe, yoga is more than just a lot of strange poses used to increase flexibility. The benefits of yoga are physical, psychological and emotional.

.....

As a person fits a regular yoga practice into their schedule, physical changes begin to occur inside and out. Through a series of poses done regularly, the muscles become strengthened and toned. From this strengthening comes improved balance and posture. The stretching that results from these poses relaxes the muscles, relieves tension and adds increased flexibility. In addition to releasing molecule-damaging free radicals from the lungs, the deep breathing techniques used in yoga increase the burning of fat cells (oxidation) due to increased oxygen intake. Circulation is improved throughout the body and blood alkalinity levels, which are harmful if too high, even out. Yoga does a body good.

In addition, yoga does your emotional state good. Stress is a major contributing factor to problems such as immune system disorders, cancer, chronic headaches, joint pain

and insomnia, to name a few. It is a proven fact that regular exercise can greatly reduce stress levels, and yoga can help. A daily yoga practice can also lessen anxiety and depression, which usually go hand in hand with stress. An immediate boost in morale can be gained due to a sense of well-being by doing something good for yourself. Utilizing the relaxation techniques found in yoga can help you sleep better during the night, allowing you to wake up feeling rested and in a generally better state of mind.

Psychological benefits are also to be gained by practicing yoga. Through meditation you can tap into your subconscious mind and spiritual energies. Meditation quiets the noise in our heads and eliminates the repeated negative messages we send ourselves by focusing the mind on positive thoughts and images. As you concentrate on total awareness of energy and how it flows through the body, you

become aware of how your body and mind work together. As you make slow deliberate movements and hold poses, you gain a heightened sense of self-control and self-confidence. The result is being able to meet pessimistic thoughts with a positive outlook, which can undoubtedly be beneficial for anyone.

The physical, emotional and psychological benefits of yoga are unmistakable. Although the practice of yoga dates back hundreds of years, only recently have the many uses in connection to modern day maladies been researched. It is anyone's guess what the future may hold as far as linking yoga with improved overall health.



Below is a list of several different types of yoga. There is something for every person to meet their yoga goals.

Yin Yoga

Yin Yoga is a meditative style of yoga used to stretch the body's connective tissue and fascia, particularly around the joints. In order to do this, specific poses are held over the course of several minutes, helping to restore length and elasticity.

Restorative/Healing Yoga

Restorative Yoga is a mellow, slow-moving practice with longer holds. This helps allow participants to experience a deeper relaxation. A variety of props – such as blankets, bolsters and yoga blocks to fully support your body in each pose – are typically used.

Hatha

Hatha is a very general term that can encompass any of the physical kinds of yoga, however, it is typically referred to as a gentler form of yoga. Hatha Yoga is a slower moving class that requires an individual to hold each pose for just a few breaths. This is a great place to start for beginners, as the class mainly focuses on the basics and maintains a slower pace.

Iyengar

Iyengar is a form of Hatha Yoga with an emphasis on detail, precision and the body's alignment in each pose. Yoga blocks, blankets and straps can be used to help work within a range of motion that is safe and effective.

Vinyasa

Similar to Hatha, Vinyasa is a general term used to describe different types of yoga. This is a more advanced, higher intensity form of yoga that links movement to breath. Participants move from one posture to the next in a continuous "flow."

Ashtanga

Ashtanga is a fast-paced, intense, flowing style of yoga, in which a set series of poses is performed, always in the same order, for each class. This practice is known for being physically demanding, due to the constant movement from one pose to the next and the emphasis on daily practice, so therefore would be more appropriate for advanced participants.

Power Yoga

Power Yoga is a general term used to describe a vigorous, fitness-based approach to Vinyasa style yoga. It was originally closely modeled after the Ashtanga method, due to its similar use of Vinyasas, but differs in that it gives each instructor the flexibility to teach any poses in any order, making each class different. It places an emphasis on strength and flexibility, and has become popular in gyms as a means of working out.

Bikram

Consisting of a specific series of 26 poses and two breathing exercises, Bikram is practiced in a room that is heated to approximately 105 degrees and 40-percent humidity. All Bikram classes utilize the same 90-minute sequence, so classes are the same from studio to studio.

Hot Yoga

Hot yoga is similar to Bikram in that classes are practiced in a heated room, however, teachers are not limited to the 26-pose Bikram sequence. In both Bikram and Hot Yoga, participants typically feel more "limber" due to the warmer temperatures, however, this can cause some to overstretch.



From The Membership Department.....

Upgrade/Downgrades

As many of you are aware, the Board of Governors has recently changed the upgrade and downgrade policy at Broken Sound, which allows members the flexibility of changing their membership categories much more easily than in the past.

A member upgrading to a higher category of membership must only remain in that category for two years, after which they can downgrade at any time with no fees, penalties or qualifications. As a result, the Membership Department has been extremely busy and has seen numerous upgrades to the Old Course, which is now at capacity with a waiting list.

Get Golf Ready Program

In addition to Old Course upgrades, many of our Social/Tennis members have taken advantage of the Club's Get Golf Ready Program, which introduces new golfers or re-introduces lapsed golfers to the game. The program, in its second year, consists of five one-hour group clinics.

At the end of the fifth session, members enjoy a complimentary 90-day Club Course membership, during which they can practice the lessons learned in the program. Members can also sign up for a smaller, personal program, should they wish.

As a result of the Get Golf Ready Program, we have seen a number of upgrades from Social/Tennis to a Club Course membership. From learning the basics to on-course professional instruction, the program has become very successful for new golfers at all levels.

Membership Statistics:

Social:	229
Tennis/General:	403
Associate General:	83
Master:	353
Associate Master:	23
Old Course:	347 (+3 non res)
Associate OC:	12
Senior OC:	2
OC Non Resident:	10
Senior Master:	26



For those who have any questions about their membership, feel free to contact the Membership office at 561-241-6820 or 561-241-6835.

Maureen Schreiber, Director of Membership
Jean Ouellette, Membership Assistant

Recent New Members:

Leslie & Pennie Ascowitz – Water Oak
Kenneth & Debra Fishbein – Fairway Bend (From IL)
Michael & Nina Blechman – Grand Oaks (From IL)
Brian Rebhun & Michelle Ascowitz – Water Oak
Elvio Cescato & Natalia DePaoli – Cedar Cay
Norman & Renee Reiz – Tanglewood
Robert Clark & Ginna Jeffrey – Banyans
Jennifer Ritz – Banyans
Dr. Michael & Roberta Cohn – Fairway Pointe (From MA)
Steven & Sharon Schwartz – Oak Run
Victoria Daidone – Oak Run
Cecile Talesnick – Cedar Cay
Mitchell & Mindy Domershick – Oak Run (From NY)
Edgar Urbaz & Eva Wojcik – Whisper Trace
Lori Feldman & Barton Charlip – Oak Run
Barbara Youngling – Whisper Trace

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On
Court



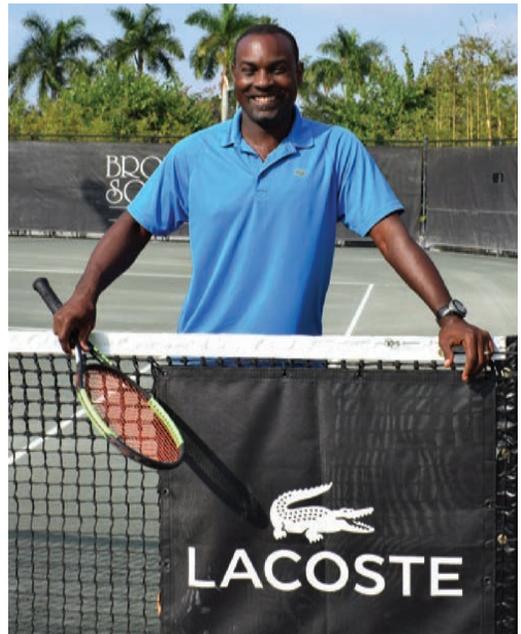
Learnin' With Vernon

When playing doubles, are you the **"MASTER OF THE MIDDLE?"**

If you are at the baseline when both of your opponents are at the net, don't panic! Create confusion for your opposition and gain control by hitting to the biggest part of the court, the middle. Provided you keep the ball low when hitting down the middle, hit it between the two players and see how well they handle who takes the ball. Keeping the ball low and down the middle will also prevent your opponents from hitting angle shots.

Conversely, when you and your partner are at the net, it is critical that you protect the middle of your side of the court, preventing the opposing team from their attempts at "mastering the middle." Both you and your partner have a responsibility to protect the middle section of the court and should have a plan as to who should take the ball, and that is determined by where the ball is being hit from.

Use this tip in your next match or social game and see if you can be **"MASTER OF THE MIDDLE."**



Ladies' Tennis Member-Guest



Congratulations To Our Tennis Champions



Michael Buckstein – Men's Singles



Nathalie Balmer – Ladies' Singles



Mixed Doubles Champions
Bath Taubman, Richard Davimos



Mixed Doubles A Division
Sara Weiner, Bob Drogowitz



Mixed Doubles B Division
Ellen Stettner, Ron Kane



Men's Doubles Champions
Charles Balmer, Marcello Ferrereira



Men's Doubles A Division
Jay Gold, Alexander Kelin



Men's Doubles B Division
Les Scharin, Aaron Levko



Ladies' Doubles A Division
Ginny Kobren, Linda Chiron



Ladies' Doubles B Division
Joan Berger, Marjie Mackie



Men's Singles A Division
Jeff Saunders

Ladies' Tennis Member-Guest

March 6

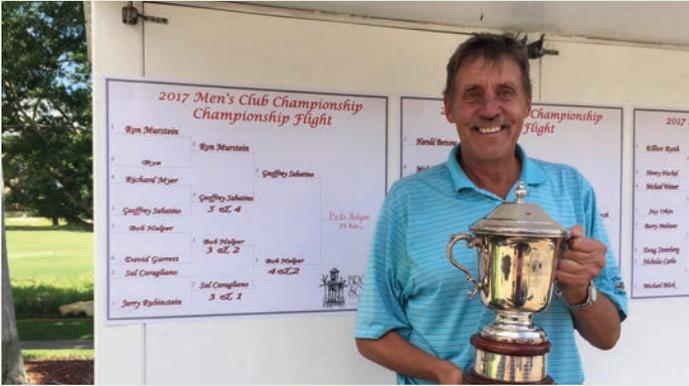


On Course



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Congratulations to Our Golf Champions



Men's Club Course Champ – Bob Halper



Men's Old Course Champ – Howard Mandelbaum



Club Course & Old Course Champ – Nancy Jo Feinberg



Men's CC 1st Flight – Jon Hirsh



Ladies' CC 1st Flight – Anky Koudijs



Men's CC 2nd Flight – Barry Meltzer



Men's CC 3rd Flight – Stephen Israel



Men's CC 4th Flight – Stan Helpert

LATITUDE 36

BERMUDA GRASS

Club Course Renovation 2017

Wear-tolerant Bermuda grass

Latitude 36 is an extremely versatile Bermuda grass.

Characteristics include a fine texture, high density and improved cold-hardiness, along with outstanding color, quality and divot recovery rate.

With fine grass blades and exceptional wear tolerance with strong wear recovery, it possesses very good drought resistance and maintains its color until the first hard frost, making it an excellent choice for the southern U.S. states.





Charity Challenge to benefit Breast Cancer and Prostate Cancer Research

Chaired by Janet Luckhurst



Allianz Championship

For the 11th year, Broken Sound was once again host to the Allianz Championship, an official PGA Tour Champions Event, which was held at The Old Course at Broken Sound, the first week in February. This year's event featured John Daly and Fred Couples, who were new to this tournament.

With a full field of champion tour professionals, attendance was at an all-time high, with record crowds on each day of the tournament. As in a number of the past championships, this year's tournament had another exciting finish, with Scott McCarron the final winner. Once again, the Boca Raton Regional Hospital was a beneficiary from the tournament proceeds.



Bernhard Langer



Fred Couples



Mayor Susan Haynie



John Daly



Old Course Golf Pros

Club Course Men's Member-Guest



Club Course Ladies' Member-Guest



Old Course Men's Member-Guest



Old Course Ladies' Member-Guest



Tips from the Golf Pros: How to Use the Range

Take a variety of clubs, typically one of “each,” meaning: a wedge/short iron, a mid/long iron, a hybrid, a fairway wood, and your driver. You will most likely need all of these clubs on the course at some point, so make sure you have hit it already.

Imagine you are on the course! Try to picture yourself playing Hole #17. If you go left, you lose your ball! So pick a target on the range and if a shot misses left, you just lost your ball. Practicing that mentality will carry over to the golf course and you will be more comfortable the next time you have “trouble” in play.



PRACTICE ON THE COURSE

There is a reason that professional golfers play practice rounds...to practice on the golf course! Take the things you are working on at the range or recently learned in your last golf lesson and go to the course. Late afternoons are typically quiet and a great opportunity to practice.



Generations

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Meet Arnaud Delanoe, Junior Program Manager

Arnaud, the force behind Broken Sound's Junior Tennis Academy and Junior Summer Program, was born in Angers, France. He grew up playing soccer and tennis until, at the age of 12, he won his first junior tennis tournament and decided to concentrate on tennis. He graduated from Angers Sport Industry with a Management degree in 1994, and became a certified tennis professional. Relocating to London in 1995, he became a member of the International Management and Business Consultants of London in 1996, a group of professionals who helped him take his career to the next level. His credentials include being a full-time Tennis Pro at the Vanderbilt Racquet Club of London for three years. One of his clients then invited him to East Hampton, where he met with Paul Annacone, former tennis coach of Pete Sampras and Roger Federer. With Paul's sponsorship, Arnaud moved to the U.S. under a special visa for individuals who possess extraordinary ability in the sciences, arts and athletics, and he became the director of Annacone's newly-opened tennis academy, remaining there for seven years. In 2006, he and his wife decided to move to Boca Raton, where he met Greg Wheaton, Broken Sound's Tennis Director, who offered him the opportunity to become a full-time tennis professional at the Club and launch the Junior Tennis Academy. In 2014, Arnaud was named the Junior Program Manager, overseeing programs for children ages 5 to 17, which have shown ever-increasing numbers each year. These programs include:



After-School Tennis Academy, with 100 weekly participants; **Golf Academy**; **Basketball Academy**; **Swim Program**; **Karate Program**; **Fitness Program**; **Toddlers' Music Classes**; **All Day Summer Camp** in June and July, with 50 daily participants ages 5 to 17.

In addition to the on-going academies, Arnaud prepares and manages various other activities, including **Children's Movie Nights**, **Fishing Derby**, **Camp Out**, **Cooking Classes**, **Birthday Parties** and **Holiday Sports Programs**, while also overseeing the Game Room and Babysitting Service.

Arnaud and his wife, Beata, and seven-year-old son, Oliver, have made South Florida their home since 2006 and Arnaud has turned Broken Sound's Junior Tennis Academy and Junior Summer Program into one of the premier junior programs in the area.



Family Camp-Out Night and Spring Break



Children and Water Safety

As we approach the summer holidays, water safety for children becomes an even more prominent issue, and the following is a recommended list of **Do's** and **Don't's**:

DO:

- Teach children water safety and swimming skills, as early as possible.
- Teach yourself water safety/rescue and swimming skills.
- Appoint a “designated-water watcher” to monitor children during social gatherings at/or near bodies of water.
- Always brief babysitters on water safety, emphasizing the need for constant supervision.
- Keep rescue equipment accessible at poolside and post CPR instructions.
- Invest in layers of protection for backyard pools, such as: installing doors and windows that exit to a pool area with alarms, and fencing with self-closing latches.
- Maintain constant visual contact with children in a pool or pool area.
- Install a poolside phone, preferably a fully-charged cordless model, with emergency numbers programmed into the speed dial.
- If a child is missing, check all sources of water near home first, seconds count in preventing death or disability.
- Always require all children and adults who are unable to swim to wear a USCG-approved life jacket.
- Be knowledgeable on basic emergency rescue techniques. Ensure children always wear a life jacket when boating AND set a good example by also wearing one yourself.
- Always swim at a lifeguarded beach and pay attention to the beach flags.

DON'T:

- Don't rely on swimming lessons, life preservers or other equipment to make a child “water safe.” There is no substitute for supervision.
- Don't ever leave a child alone in a body of water (bathtub, pool, etc.). Two seconds is too long; let the phone ring.
- Don't leave objects such as toys that might attract a child in the pool or pool area.
- Don't use flotation devices as a substitute for supervision.
- Never prop the gate to a pool area open.





SUMMER Camp

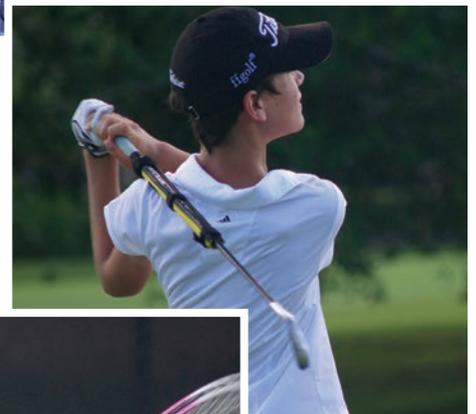
For Ages 5 - 16 years
Weekly - June 5 to July 28
Monday to Friday
9:00 a.m. to 3:00 p.m.

TENNIS
GOLF
BASKETBALL

PRICING AND CONTACT
(Sibling discount available)

Members: \$255/week; Daily \$65 (Lunch included)
Non-Members: \$275/week; Daily \$70
(Lunch included)

Sign up:
Arnaud Delanoe - Junior Program Manager:
100afd@gmail.com



BUGATCHI





Event-Full

BROKEN
SOUND

CLUB

Upcoming Events

MAY

Wednesday, May 3

Bourbon Tasting

6:00 p.m.

Thursday, May 11

Tequila Tasting

6:00 p.m.

Saturday and Sunday, May 13 and 14

Garden Club Connoisseurs

Tour

Saturday, May 13

Children's Cooking Class

Cooking for Mom

11:00 a.m.

Sunday, May 14

Mother's Day Brunch

11:00 a.m.

Sunday, May 14

Mother's Day Dinner

5:30 p.m.

Thursday, May 18

Wine Tasting, Spain

6:00 p.m.



Thursday, May 25

Concert – Atlantic City Boys

Dinner And Show

6:00 p.m.

\$48.95

Monday, May 29

Pool Party

Memorial Day – Rides/Games/Music

12:00 – 4:00 p.m.

Monday, May 29

Memorial Day Dinner and Music

5:30 p.m.

JUNE

Thursday & Friday, June 1 & 2

Naples & Fort Meyers overnight trip

Transportation, Lunch at Jane's Garden Café, Shopping at Best of Everything, Overnight at The Holiday Inn, Visit to the BGT Candy Bar, Cheese & Wine Reception, Dinner and Show at The Broadway Palms



Wednesday, June 7

IN CONCERT

"A Midsummer's Night with Dreams"

Tribute to Fleetwood Mac

8:00 p.m. Poolside

Tickets: \$28.00 pp

Purchase on Broken Sound website
or call Al & Sue 241-6846

Saturday, June 10

Sarge

Boca Black Box

8:00 p.m.

Thursday, June 15

Wine Tasting, Australia/New Zealand

6:00 p.m.

Saturday, June 17
Children's Cooking Class
Cooking for Dad
11:00 a.m.

Sunday, June 18
Father's Day Dinner
5:30 p.m.



Wednesday, June 21
Finding Neverland
Broward Theater

Saturday, June 24
Steak Night at the Old Course with Music
All Members
6:00 p.m.

JULY

Tuesday, July 4
Pool Party – Rides/Games/Music,
12:00 – 4:00 p.m.

Tuesday, July 4
Fourth of July Dinner with Music,
5:30 p.m.

Saturday, July 8
Beauty and the Beast
Wick Theatre

Wednesday, July 26
Cooking Class,
4:30 p.m.

AUGUST

Wednesday, August 23
Cooking Class,
4:30 p.m.

CLUBS/HAPPY HOURS

Great Lecture
May 8, 22, June 12, 26
August 14, 28

Musical Movie
May 15, June 19, August 21

What's Up Group
Every Thursday

DISCO NIGHT HAPPY HOURS
May 12, June 9, July 14, August 11

HAPPY HOURS WITH KARAOKE
May 26, June 23, July 28, August 25

TENNIS

Round Robins
May 29, July 4, September 4

CANYON RANCH in the Berkshires

August 27 – 30: 3 nights – Sunday to Wednesday
September 4 – 7: 3 nights – Monday to Thursday

Single: \$2070

Double/Triple: \$1640 per person
Includes \$260 service allowance

August 27 – 31: 4 nights – Sunday to Thursday
September 4 – 8: 4 nights – Monday to Friday

Single: \$2660

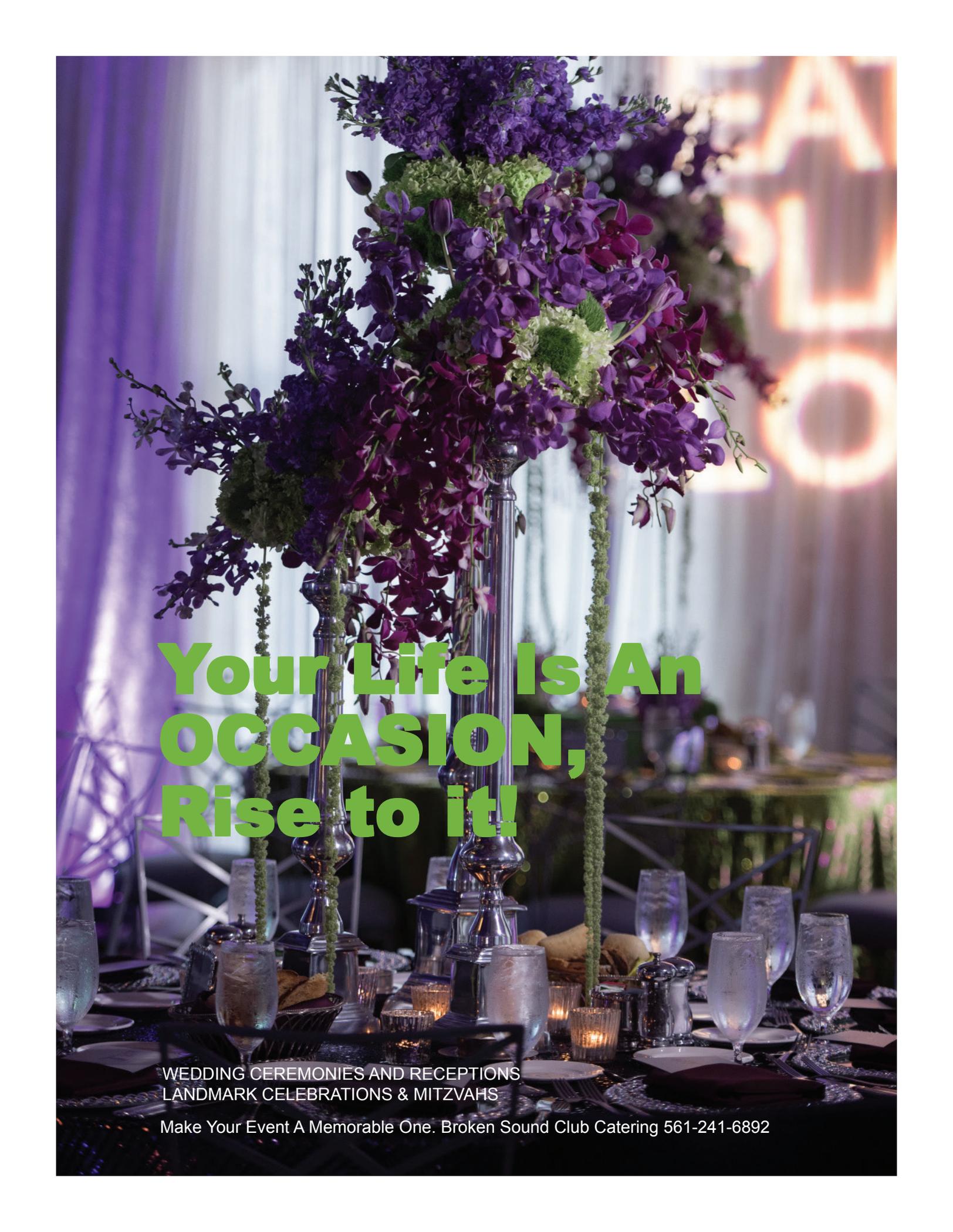
Double/Triple: \$2040 per person
Includes \$395 service allowance

For information:
Contact Phyllis Meranus – sngndanz@aol.com
Or 561-982-9741

OC Dinner Dance

March 2





**Your Life Is An
OCCASION,
Rise to it!**

WEDDING CEREMONIES AND RECEPTIONS
LANDMARK CELEBRATIONS & MITZVAHS

Make Your Event A Memorable One. Broken Sound Club Catering 561-241-6892

Member Art Show

Broken Sound's annual Art Show opened on March 6, with a cocktail reception for members and continued through March 10. Well done to all our artists in residence who displayed their beautiful artwork for everyone to enjoy!





Broken Sound's Annual Dog Show

February 18



Judges: Debbie Singerman, Elaine Silverstein, Barbara Dicker



Ladies' Member-Guest Card Party

February 9, Chaired by Carol Winig





New Member Reception

March 16





Family **fun** starts with a pool party and finishes with a BBQ

Face Painting - DJ - Water Slides - Balloon Artist

MEMORIAL DAY May 29
FOURTH OF JULY July 4
LABOR DAY September 4



Contacts

Administration

John Crean, General Manager/C.O.O.	241-6855
Cathy Grana, Asst. General Manager	241-6837
Ed Cichiello, Club House Manager	241-6866
Carol Boettcher, Director, Human Resources	241-6886
Lisa Fuller, Executive Assistant	241-6810

Accounting

Dianne Hart, Director of Finance	241-6834
Club Billing	241-6848

Fitness & Spa

Rotunda Reception Desk	241-6840
Leigh-Ann Davidson, Spa Director	241-6890
Chuck Niessen, Fitness Manager	241-6878

Food & Beverage

Tim Nelson, Food & Beverage Director	241-6831
Joe Longo, Executive Chef	241-6891
Lorant G. Botha, Director of Catering	241-6892
Cecilia Novellino, F&B Admin Assistant	241-6824
Carl Ramallo, Lead Dining Reservations	241-6877
Hostess Podium (Main Dining Room)	241-6859
Old Course Bar	241-6854
Bistro	241-6856

Golf

Tee Time Computer	997-1146
Men's Locker Room	241-6852
Ladies' Locker Room	241-6822

Club Course

Scott Feller, Director of Golf	241-6806
Pro Shop	241-6860

Old Course

Jeff Waber, Director of Golf	241-6893
Pro Shop	994-8505

Golf Course Maintenance

Shannon Easter, Director	997-7793
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Membership

Maureen Schreiber, Director	241-6820
Jean Ouellette, Assistant	241-6835
Elyse Arnel, Website Administrator	241-6872

Social Activities

Al Salkeld, Director	241-6846
Sue Salkeld, Assistant	241-6870

Tennis

Greg Wheaton, Director	241-6888
Pro Shop	241-6880
Automated Reservations	989-5279

Junior Programs

Arnaud Delanoe, Program Manager	241-6876
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Other Numbers

Access Control (Guest Access)	998-5823/5818
Banyans Gate	241-5947
Club Reception	241-6800
Broken Sound Master Association-BSMA	998-5813
Security (Yamato Road Gate)	997-6935
Valet	271-5500

Email Addresses:

Department Managers

firstname_lastname@brokensoundclub.org

Board of Governors

board_governors@brokensoundclub.org



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